

Puma VCT VII plc  
19 September 2014

Puma VCT VII plc ("the Company")

As at the close of business on 31 August 2014, the estimated Net Asset Value per ordinary share ("NAV per share") of the Company was 77.99p. This represents an increase of 0.5 per cent on the NAV per share at 31 July 2014. The estimated fully diluted NAV per share was 77.99p. Cumulative dividends paid to date were 15.00p.